

The American Association of Diabetes Educators

DMICC: The Diabetes Prevention Program and Translation

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President**

AADE Mission

... Dedicated to advancing the role of the diabetes educator and improving the quality of diabetes education and care.

Current Membership

- Total members -10,000
- RN 56%, RD 25%, RPh 7%, Other 12%
- Hospital Based - 34%
- Physician's Office - 20%
- Outpatient Diabetes Center - 13%
- Self-employed - 6%
- Public Health - 4%
- 10 or more years in field - 48%
- CDE's - 12,000; 5000 are AADE Members

DIABETES EDUCATOR

Healthcare professional who has mastered the core of knowledge & skills in the *biological & social sciences, communication, counseling, & education*, & who has experience in the care of people with diabetes.

Scope of Practice for Diabetes Educators and the Standards of Practice for Diabetes Educators; Position Statement 1999.

DIABETES EDUCATION...

An interactive, collaborative, ongoing process which includes:

- Assessment of needs
- Identification of individual's goals
- *Education & Behavioral Intervention*
- Evaluation of goal attainment

Scope of Practice for Diabetes Educators & the Standards of Practice for Diabetes Educators; Position Statement 1999

DIMENSIONS OF PRACTICE

Provide information using established principles of teaching/learning theory & *lifestyle counseling*.

- *Incorporate appropriate nutritional management*
- *Incorporate physical activity into lifestyle*

Scope of Practice for Diabetes Educators & the Standards of Practice for Diabetes

DIMENSIONS OF PRACTICE

- Individualized instruction for *all ages* incorporating their *cultural preferences*, *health beliefs*, & preferred learning styles.
- Multidisciplinary team approach is preferred delivery system.

Scope of Practice for Diabetes Educators & the Standards of Practice for Diabetes Educators; Position Statement 1999

PROFESSIONAL DEVELOPMENT

Deliver education based on a continuous process of review & evaluation of scientific theory, *clinical & educational research, & study of behavioral change strategies & positive healthcare outcomes.*

Scope of Practice for Diabetes Educators & the Standards of Practice for Diabetes Educators; Position Statement 1999

HOW DOES PREVENTION IMPACT DIABETES EDUCATORS?

- Broadens *scope of practice* from “people with diabetes”, their families, etc.
- Enhances *value* of the diabetes educator
- Increases *demand* for services of the diabetes educator
- Requires “translation” into practice standards for educators

AADE'S ACTIONS & CHALLENGES

- Translation & Dissemination of DPP results
 - Position Statement on Prevention
 - Annual Meeting Program Presentations
 - Development of CE Programs
- Only 10% of people with diabetes now see a diabetes educator - steps to increase awareness of profession & role

AADE'S ACTIONS & CHALLENGES

- Current reimbursement for diabetes education is poor
- No direct reimbursement for certified diabetes educators
- Need more diabetes educators for 14 million with diabetes

AADE'S ACTIONS & CHALLENGES

- Need more ethnic/cultural diversity among diabetes educators
 - Collaborative efforts with:
 - Assoc. Asian/Pacific Community Health Org.
 - Indian Health Service
 - National Black Nurses Association

AADE'S ACTIONS & CHALLENGES

- Need more ethnic/cultural diversity among diabetes educators
 - *Established* AADE Specialty Practice Groups:
 - African American
 - Home Health
 - Hispanic/Latino American
 - Native American/Indian Health Services
 - Veterans Administration
 - Pediatric Educator
 - Public Health

AADE'S ACTIONS & CHALLENGES

- AADE Lay Health Worker Summit - April 2002
 - Identify the lay health worker
 - Identify current practice
 - Develop consensus on role & scope
 - Identify who will train for role & scope
 - Recommend evaluation for competency -
? certification

SUMMARY

DIABETES EDUCATORS:

- Qualified & experienced in lifestyle interventions addressing nutrition & activity
- Have an important role in diabetes prevention
- Already have relationship with at risk population
- Committed to team approach - professionals & other organizations/agencies